

PB&J BLISS BALLS

Servings 12 | Time 25 Minutes

INGREDIENTS

1 cup oats

½ cup raspberries

½ cup mix nut butter

6-8 pitted dates

2 tbsp honey

Sprinkles

¼ cup oats to roll balls into

The Off-Beat Lifestyle

DIRECTIONS

Add mixed nut butter, raspberries, oats, dates and honey to a food processor and pulse until it forms into sticky dough.

CREATE

ENRICH

EMPOWER

Using your hands, roll into bite-sized balls and roll into raw oats to top as desired.

Melt white chocolate in a small bowl. Dip balls into chocolate and then into sprinkles. Let air dry for at least 10 minutes. Or eat well chocolate is still warm.

Store in fridge in an airtight container.